

*Selah*  
**Craig Roberts**

(Hebrew) 'sē-lə: a term of uncertain meaning, a musical instruction, to pause and listen, to contemplate.

The Universe, infinitely great, mirrors the quantum vastness inside every atom.

Universe and atom, each turning with perfect precision: order, structure and harmony; under dictates of law laid down by their unseen Sovereign.

Measure the span of height and depth, heat and cold, light and darkness, motion and stillness; the totality of Everything.

Every bit, every particle, each crumb in existence is internally in endless, vibrant motion, yet having form and substance.

Massive and timeless: an iceberg, a mountain, a planet; they remain steadfast and unshakable belying the churning motion within.

Matter takes form, an entanglement of particles like beads on a string, laid up strand upon strand.

Each bead seemingly without substance is full infinitesimal space, a blur of energy and sub-particles spinning in constant orbit, like a galaxy inside a raindrop.

O Lord, Creator. How wonderful this Your handiwork. You spoke the neutrino and the star into being.

One day, freed from this veil of flesh, we will sit at Your feet and see the vastness of Your Creation with You.

*Glimpses In Pen*  
**Alexandra Carpenter**

I shall write for you a poem,  
 no better or no worse,  
 than are those poems of other men  
 or women who write in metered verse.

But in my words you'll hear my heart,  
 its beat in steady pace,  
 you'll sense my soul and inner self,  
 see glimpses of my face.

My spirit soars with pen in hand,  
 my thoughts then framed in ink,  
 you'll find my passions and desires,  
 you'll see just how I think.

And on this page I give to you  
 you'll find my heart and soul,  
 one moment I'll be scattered,  
 then next you'll find me whole.

For in my verse I find my voice  
 and you might hear it too,  
 on paper I complete myself,  
 and bare my soul to you.

You'll learn my fantasies and more,  
 my sorrow and my joys of my world,  
 you'll sit beside the aging woman,  
 and play beside the little girl.

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